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# Women Who Love Too Much: When You Keep Wishing And Hoping He'll Change





## Synopsis

The relationship classic hailed by Erica Jong as â œlife-changingâ •â "now updated with a new introduction and resource section!The #1 New York Times bestseller that asks: are you a woman who loves too much? -Do you find yourself attracted again and again to troubled, distant, moody menâ "while â œnice guysâ • seem boring? -Do you obsess over men who are emotionally unavailable, addicted to work, hobbies, alcohol, or other women? -Do you neglect your friends and your own interests to be immediately available to him? -Do you feel empty without him, even though being with him is torment? Robin Norwood's groundbreaking work will enable you to recognize the roots of your destructive patterns of relating and provide you with a step-by-step guide to a more rewarding way of living and loving. If being in love means being in pain, you need to read Women Who Love Too Much.

#### **Book Information**

Paperback: 334 pages Publisher: Pocket Books; Reprint edition (April 8, 2008) Language: English ISBN-10: 1416550216 ISBN-13: 978-1416550211 Product Dimensions: 5.3 x 0.8 x 8.2 inches Shipping Weight: 8.8 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (522 customer reviews) Best Sellers Rank: #7,375 in Books (See Top 100 in Books) #13 in Books > Health, Fitness & Dieting > Mental Health > Codependency #20 in Books > Parenting & Relationships > Family Relationships > Conflict Resolution #25 in Books > Parenting & Relationships > Family Relationships > Abuse

### **Customer Reviews**

Women Who Love Too Much has totally changed my entire life. I have been in search of a committed relationship for years. I have ended up in abusive, degrading relationships and had no idea how or why; more importantly, how to get out of the pattern. This book literally had my name on every page. It gives real life examples of people the author has counselled. I was able to identify with every one of them. It was so easy to see what was not working for those women when I read their stories. It is always so hard to see yourself and your own mistakes. While reading the book, I was able to clearly define moments in my life when I made mistakes, and then learned what other

options there were to those situations. I was able to dissect my entire life to see when and where I learned certain "ways of being" especially in intimate relationships. Ways that were addictive and I could not stop myself. I read several sections over and over until I got every last word and could apply it to my life. The book has a section at the end that teaches you steps you can take to alter current patterns to make yourself well and strong. I have always been extremely independent, extremely successful in business, popular, beautiful, smart and I make a lot of money. None of this had anything to do with the patterns imprinted on me from childhood that had me choose men who could not love me if they really tried. It is quite ironic. I always attracted gorgeous, successful, popular men, so you would think everything was great. But they did not love themselves and many of their own issues stemming from childhood disabled them to love someone else and treat them well. These were the only types of men I sought out and did not know it.

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